



# PATIENT INFORMATION

## Insurance Referrals

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**EFFECTIVE JANUARY 1, 2016**

### **Reminder: Referral Procedure Changes for Massachusetts Patients and Providers**

#### **Referrals:**

Many insurance plans require a referral from your primary care physician to see a specialist. Patients must request a referral from their PCP for all visits at Boston SleepCare. This should be done at least 48 to 72 hours prior to your visit. We ask that you follow up with your PCP, and your insurance carrier to confirm referral has been issued, prior to your appointment. If you do not have a required referral, your visit may be rescheduled or you may be financially responsible. Please let us know if you are having difficulty obtaining a referral as soon as possible prior to your appointment.